EXTRACT FROM THE BOOK *THE CASTLEREAGH FILE* FROM EVIDENCE SUBMITTED TO THE AMNESTY INTERNATIONAL INQUIRY 1977-78

ALLEGATIONS OF RUC BRUTALITY *1976-1977*

20 METHODS OF BRUTALITY IN CASTLEREAGH AND OTHER RUC INTERROGATION CENTRES

MAINLY DESIGNED NOT TO LEAVE MARKS

1 Hair pulling.

2 Punching to back of head. Heavy slaps across the face and head.

3 Simultaneous slapping of ears with both hands sometimes perforating eardrums.

4 Strangling neck. Chops to the throat. Gripping and pulling of Adam's apple. Pushing fingers into pressure points of neck.

5 Punches and kicks to stomach, buttocks, kidneys, spine. Stiff finger prodding to ribs.

6 Manual squeezing of testicl , punching and kicking testicles; lifting naked prisoner by placing stick between his legs.

7 Arm twisting. Bending wrist backwards both above and below arm. Finger twisting.

8 Positions of stress—search position against wall, sitting on non-existent chair, squatting on hunkers.

9 Press-ups to point of exhaustion; super press-ups, legs on chair, hands on ground. Running on the spot to point of exhaustion.

10 Wrestling holds until prisoner vomits.

11 Strangling neck and forcing head down to the point of asphyxiation.

12 Trailing along floor; prone on floor while personnel stand and jump on back riding prisoner like a horse.

13 Made to lie centre back across a table or chair face upwards. Interrogators then jump on legs causing intense pain to back.

14 Placing plastic bag, hood, jacket, or underpants, over head to restrict flow of air.

15 Throwing prisoner from one interrogator to another.

16 Simulated execution by clicking gun behind the head; simulated electrocution by putting plug into mouth and putting on switch.

17 Singing skin with matches and cigarettes

18 Degradations—making prisoner lick water or vomit off floor; behave like a dog; spitting in face; stripping prisoner naked and making obscene remarks about his body, his wife, his children.

19 Pouring liquid into ears.

20 Threats to shoot prisoner in lonely place, hand over to UVF, threats to parents and children.

Issued by Fr Denis Faul, Dungannon and Fr Raymond Murray, Armagh (1977/78)

PLEASE SEND TO RELATIVES ABROAD